The Ultimate Girl's Trip

Whether you need to reconnect with your besties or want to bring together the ladies in your family for a relaxing getaway, Toledo Bend Lake Country has plenty to offer! Grab your girls and head out for a fun-filled, relaxing weekend at the lake. We promise you'll have the ultimate girls trip filled with memories that will last a lifetime.



A trip to reconnect & recharge

Day1

RELAX: Spa Day at Cypress Bend Resort

Take your rejuvenation and relaxation to an entirely new level by treating yourself or a group to a soothing spa service-or several- in the newly renovate spa at Cypress Bend Resort. From calming massages to cleansing facials to invigorating body treatments, their services are designed to pamper.

Call (318) 590-1500 for more information on services and to book appointments.



SHOP: The Heart of Toledo Bend Lake Country

Welcome to Toledo Bend Lake Country's diverse shopping scene! Visitors from all over come to Toledo Bend Lake Country to snag unique souvenirs and southern coastal-inspired keepsakes that cannot be found elsewhere. Our shopping is an electric experience, from antiques to gifts, art galleries to chic clothing stores, and the best in tackle for your fishing excursion.

For a list of our shops visit <u>here</u>



Art & Music: Local Artist Know How to Shine

Visit our <u>Depot Art Gallery</u>. At the Depot Art Gallery you can view and purchase art pieces of all mediums and varieties including jewelry made by local artist. The Depot Art Gallery, located in the Many Cultural District is housed inside the Historic Kansas City Southern Train Depot.

Then stop by <u>Bayou Crawfish</u> to enjoy some live music and seafood.



Day 2

FISH: Catch & Cook Fishing Tour

Crappie are a girl's best friend! In Toledo Bend Lake Country they come in 3 carats--I mean 3 pounds-- or more. So be sure to book a half-day fishing trip and catch your fill of crappie. But don't worry, you catch and they cook! Bon appetite!

For a list of our professional guide services visit here



WINE: Pineywoods Vineyards

No Girl's Trip is complete without wine! Located in Hemphill, Texas, <u>Pineywoods Vineyard</u> is a Blanc Du Bois vineyard that offers wine tasting with outdoor seating. Pineywoods Vineyard also offers opportunities to experience wine making classes, seasonal harvest helping days, and grape stomping. For more information, call (832) 540-3161.



Day 3

SWIM: Beach Day

Sunny Louisiana days and beaches go hand in hand. Load up your ice chest and head to any of our sandy beaches to enjoy the weather. Relax in the sun, take a swim, or ride the waves in style. You can rent jet skis, pontoon boats, kayaks, or canoes for a day of fun on the water!

Visit here to plan your day on the lake!



LATE NIGHT: Karaoke

Want something fun to do after dinner? Head over to R&R One Stop in Florien for specialty drinks, karaoke, and a whole lot of fun!



Contact Info: Georgia Craven, Director Sabine Parish Tourist Commission 1601 Texas Hwy, Many La 71449 1.800.358.7802 318.256.5880

www.toledobendlakecountry.com

